



# SMARTWATCH FORERUNNER 570 47MM/SLATE GRAY 010- 02971-00 GARMIN

Modelis: 010-02971-00

Gamintojas: GARMIN

EAN: 753759349776

Prekės kodas: 372159

## 464.99€

### GARMIN COACH ADAPTIVE TRAINING PLANS

Train for an event, achieve a milestone, or improve your fitness with Garmin Coach training plans for running, triathlon, cycling or strength. Select plans adapt daily for personalized workouts based on your performance, recovery and health metrics.

### TRAINING READINESS

From the moment you wake up, get a readiness score based on your sleep quality, recovery, training load and more, so you can determine whether it's a good day to go hard — or take it easy.

Pateikta prekės informacija yra orientacinio pobūdžio. Techninės savybės, nuotraukos, aprašymai ir kaina gali keistis be išankstinio perspėjimo. Gamintojas ir pardavėjas neatsako už galimus duomenų neatitikimus ar tipografines klaidas. Prieš įsigyjant rekomenduojame pasitikrinti aktualią informaciją.

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## TRAINING STATUS

Using indicators such as HRV status, your recent exercise history and VO2 max, get an easy insight into training effectiveness — and know whether you're training productively, peaking or strained.

## EVENING REPORT

Before you go to bed, you'll get an evening report to better prepare for the next day with a reminder of sleep need, tomorrow's workout, weather and events.

## DAILY SUGGESTED WORKOUTS

Get running, track run and cycling workouts made specifically for you and based on your data. These recommendations vary in intensity and adapt after every workout to take into account performance and recovery.

## BUILT-IN SPEAKER AND MICROPHONE

Make and take phone calls from your watch when it's paired to your smartphone. Plus, control watch functions with voice command — or use your smartphone's voice assistant to respond to text messages and more.

Summary: Garmin Forerunner 570. Display diagonal: 3.56 cm (1.4"), Display technology: AMOLED, Display resolution: 454 x 454 pixels, Touchscreen. Flash memory: 8 GB. Wi-Fi. GPS (satellite).

Weight: 50 g. Band material: Silicone, Band colour: Black | Vendor Homepage:

<https://www.garmin.com/en-US/p/1464001/pn/010-02971-00/#specs> | Colour display: Yes | Display diagonal: 1.4 | Display diameter: 35.3 | Display resolution: 454 x 454 | Display technology: AMOLED | Display type: Digital | Touchscreen: Yes | Band colour: Black | Band material: Silicone | Buckle colour: Black | Built-in camera: No | Built-in microphone: Yes | Built-in speaker(s): Yes | Closure type: Single prong strap buckle | Flash memory: 8 | Market positioning: Smartwatch | Mobile operating systems supported: Android | Protection features: Water resistant | Shape: Round | Watch case colour: Black | Watch case material: Aluminium | Watch case size: 47 | Water resistance: 5 | Wrist size range: 135 - 205 | Accelerometer: Yes | Activity monitoring: Yes | Activity tracker: Yes | Advanced workouts: Yes | Alarm clock: Yes | Altimeter: Yes | Ambient light sensor: Yes | Area calculation: Yes | Automatic pause: Yes | Barometer: Yes | Barometric altimeter: Yes | Blood oxygen sensor: Yes | Calendar: Yes | Call notifications: Yes | Calories burned: Yes | Distance travelled: Yes | Electronic compass: Yes | Find my phone function: Yes | Foot pod: Yes | Gyroscope: Yes | Heart rate measuring: Automatic | Heart rate monitor: Yes | Heart rate-based calorie computation: Yes | Hunt/fish calendar: Yes | Interval

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training: Yes | Multisport mode: Yes | Music control: Yes | Pace alert: Yes | Pedometer: Yes | Quality of sleep: Yes | Race predictor: Yes | Real-time guidance: Yes | Recommended activity: Badminton/Basketball/Boxing/Climbing/Cycling/Hiking/Running/Skateboarding/Skiing/Swimming/Tennis/Volleyball | Short Message Service (SMS): Yes | Smart wake-up: Yes | Stopwatch: Yes | Stress monitoring function: Yes | Sun & moon information: Yes | Thermometer: Yes | Time/distance alert: Yes | Timer: Yes | Virtual partner function: Yes | Virtual racer function: Yes | Weather forecast: Yes | Workout tracking: Yes | ANT+ enabled: Yes | BeiDou: Yes | Galileo: Yes | GLONASS: Yes | GPS (satellite): Yes | Quasi-Zenith Satellite System (QZSS): Yes | Bluetooth: Yes | Wi-Fi: Yes | Battery life: 10 | Battery life (GPS mode): 18 | Battery technology: Lithium-Ion (Li-Ion) | Battery type: Built-in battery | Band width: 22 | Dimensions (WxDxH): 47 x 47 x 12.9 | Weight: 50 | Charger: Yes | Model name: Forerunner 570 | Units per Pallet: 0 | Units per Shipping Box: 1 | Unit Calculated Volume: 0.0007267 | Unit Calculated Weight: 0.17

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