# Amazfit Helio Strap No Wristband activity tracker Black

Gamintojas: **AMAZFIT** · Modelis: **B2445GL3N** · EAN: **6972596108832** · Prekės kodas: **1030305**




**128,90 €**

Kaina su PVM

Be PVM: **106,53 €**

**Sandėlyje**

**Prekė internetu**

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## Pagrindinės savybės

- ✓ Complete Training System; Subscription Free.
- ✓ BioTracker™ Technology; Precise Heart Rate & Sleep Tracking.
- ✓ 27 workout modes. Up to 10 days of battery life.





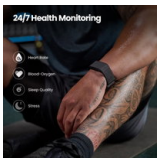






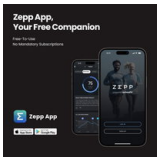










**Aprašymas**

## Recovery Redesigned

Unlike competitors that rely on a single device, the Amazfit Ecosystem offers a fully integrated training system that seamlessly connects your smartwatch, like the Balance 2, with the Helio Strap and other devices through the Zepp App. This ensures uninterrupted data collection whether you're training, sleeping, or resting - even when your watch is off.

By eliminating data gaps and extending battery life, the system delivers accurate heart rate monitoring, fatigue assessment, and recovery analysis. With real-time insights and AI-powered recommendations, it empowers you to train smarter, recover better, and repeat every day.

## BioCharge™ Energy Monitoring

BioCharge™ helps you understand your energy levels throughout the day. From the moment you wake up after a night of rest, your BioCharge™ score will adapt based on your daily workouts, activities, stress levels, and rest periods.

## 24/7 Health Monitoring

Fine tune your fitness with real time insights into heart rate variability, sleep[1], blood oxygen levels, stress, exertion, fitness level, and more, powered by Amazfit’s advanced BioTracker™ technology.

## Strength Training & HYROX Modes

Stay on top of your training with detailed tracking for reps, sets, and rest periods. Train smarter with exclusive HYROX Race mode, which offer race-specific and fitness benchmark training tools.

## Your Workouts, Your Way

Unlock your full training potential with 27 built-in sports modes available through the Zepp App. Each mode is tailored to capture key performance metrics and optimize your workouts.

## Post-Workout Analysis

Eliminate guesswork and train with precision using advanced performance metrics including $VO_2$ max, training load, training effect, and recovery time. Get a clear picture of how hard you're working.

## Zepp App, Powering Amazfit

Your free companion for tracking nutrition and fitness, optimizing sleep and recovery, analyzing health trends, and gaining personalized insights - all in one easy to use app.

## Seamless Integration with Third-Party Platforms

Sync your training data from the Zepp App to leading platforms[3] like Strava, TrainingPeaks, adidas Running and komoot, to consolidate your fitness data and keep your routine fluid across multiple tools.

## Charge Less, Move More

Train, recover, and repeat without missing a beat. The Helio Strap can last up to 10 days from a single charge.

## Techninė specifikacija

| | |
|---|---|
| **Performance** | |
| Display type | No |
| Touchscreen | No |
| **Design** | |
| Device type | Wristband activity tracker |
| Form factor | Rectangle |
| Product colour | Black |
| Housing material | Fiber-reinforced polymer |
| Band colour | Black |
| Band material | Nylon |
| Wrist size range | 145 - 205 mm |
| Waterproof | Yes |
| Water resistance | 5 ATM |
| Control type | Remote |
| **Features** | |
| Heart rate monitor | Yes |
| Distance travelled | Yes |
| Pedometer | Yes |
| Hours slept | Yes |
| Quality of sleep | Yes |
| Workout tracking | Yes |
| Skin temperature sensor | Yes |
| Stairs climbed | Yes |
| Blood oxygen sensor | Yes |
| Blood oxygen sensor technology | Infrared photoplethysmography (PPG) |
| Accelerometer | Yes |
| Gyroscope | Yes |
| **Ports & interfaces** | |
| Bluetooth | Yes |
| Bluetooth version | 5.2 |
| Bluetooth Low Energy (BLE) | Yes |
| **Power** | |
| Battery life | 10 day(s) |

Pateikta prekės informacija yra orientacinio pobūdžio. Techninės savybės, nuotraukos, aprašymai ir kaina gali keistis be išankstinio perspėjimo. Gamintojas ir pardavėjas neatsako už galimus duomenų neatitikimus ar tipografines klaidas. Prieš įsigyjant rekomenduojame pasitikrinti aktualią informaciją.

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| | |
|---|---|
| **Weight & dimensions** | |
| Weight | 20 g |
| Width | 34 mm |
| Depth | 24.3 mm |
| Thickness | 1.06 cm |
| **System requirements** | |
| Mobile operating systems supported | Android, iOS |
| **Battery** | |
| Battery capacity | 232 mAh |
| Rechargeable battery | Yes |
| **Matmenys ir svoris** | |
| Svoris | 1,00kg |

## Gamintojo ir saugos informacija

GAMINTOJAS

**Huami Technology**
wangjiangxi road 800, Hefei, CN
uk.amazfit.com

PLATINTOJAS

**MB KOMPIUTERIŲ GURU**
V. Nagevičiaus g. 3, LT-08237 Vilnius
info@shopro.lt